



STAFF BIRTHDAYS THIS AND NEXT WEEK:
Laura Lynne; Feb 8th, Stacey Robert; Feb. 9th, Emily Gantman;
Feb 12th, Michelle La Brucherie; Feb. 16th, Elizabeth Golk; Feb. 16th

STAFF AND STUDENTS:

1. **Until Further notice:** the entire 800 building will be closed at lunchtime, (from 11:40-12:05). Please plan accordingly if you need anything from a locker or classroom.
2. The Sophomore Class is selling flowers for Valentine's Day for \$1 in The Quad at lunch each day this week. Show someone you care!
3. This week at La Jolla High School is Red Ribbon, or Drug Awareness Week. Please help us raise awareness by participating in the following ways:
 - Today, Feb 8th, "Put a Cap on Drugs" and wear hats to school.
 - On Tuesday, Feb 9th, "Slam Dunk Drugs and Junk" and wear your favorite team jersey to school.
 - On Wednesday, Feb 10th, "Shade Out Drugs" and wear sun glasses to school.
 - On Thursday, Feb 11th, wear red to school for a final day of awareness and come by The Quad at lunch for the Friday activity. Thanks for your participation!
4. Next CAML, (California Math League), test is tomorrow, Tues. Feb 9th, during period 4. You must sign up in Room 904 and get a pass by the end of the day today.
5. Boys Tennis Pre-season tryout meeting-This is for all players who want to try out for boys tennis.
 - Where:** On the tennis courts, (they'll be open)
 - When:** Wednesday February 10th, right after school, (2:30)

I'll be explaining the tryout process, what to expect for newcomers as well as answer questions. This meeting is **mandatory** for anyone looking to try out for either Varsity or JV this year. ----PConway

6. Over 300 pints of blood are needed each day in SD County. Sign up for the blood drive in Room 903 or visit the Blood Drive table in the lunch court. All donors are registered for prizes.
7. If you are planning on trying out for a spring sport, you must pick up a Spring Sports Clearance Card. Spring sports include baseball, softball, badminton, girls lacrosse, boys lacrosse, girls and boys swimming and diving, boys volleyball, boys golf, boys tennis and boys and girls track and field.

2016 Spring Sports Clearance Cards Dates:

Wednesday, February 10th @ 11:35am-12:10pm in the Small Gym during lunch

Thursday, February 11th @ 11:35am-12:10pm in the Small Gym during lunch

Wednesday, February 17th @ 11:35am-12:10pm in the Small Gym during lunch

Thursday, February 18th @ 11:35am-12:10pm in the Small Gym during lunch

To try out for a sport all athletes must have a 2015-2016 Sports Athletic Clearance packet on file or turn it in during the Spring Clearance Card dates.

For more information:

<https://www.sandiegounified.org/schools/la-jolla/steps-athletics-eligibility>

8. FYI: Spring Sports Tryout Dates:

Badminton:

Tuesday, February 23rd 2:30pm – 4:30pm in Big Gym

Baseball:

Saturday, February 20th @ Baseball Field

Varsity 9:00am – 11:00am and 2:00pm – 4:00pm

Junior Varsity 11:00am – 1:30pm

Boys Golf:

February, 16th 3:00pm @ Riverwalk Course

Girls Lacrosse:

Saturday, February 20th 9:00am – 11:00am & 2:00pm – 4:00pm @ LJHS
Lower Field

Boys Lacrosse:

Saturday, February 20th 7:00am – 9:00am Muirlands Middle School

Softball:

Saturday, February 20th 11:00am – 2:00pm @ Softball Field

Swimming/Diving:

Varsity - Thursday, February 25th 2:30pm @ Coggan

Junior Varsity – Monday, February 29th 2:30pm @ Coggan

Boys Tennis:

Monday, February 22nd at 2:30pm @ LJHS tennis courts

9. There is no school this Friday or next Monday.