

**STAFF BIRTHDAYS THIS AND NEXT WEEK:
Beth Robbins; Dec. 2nd, Jessica Figge; Dec. 3rd,
Michael Ulrich; Dec. 9th, Delila Ortiz; Dec 10th**

STAFF AND STUDENTS:

1. **Blood Drive:** Save a life and get free food! All donors are in a drawing for free movie tickets and Cold Stone ice cream gift cards. Sign up at lunch or in Room 903 to donate blood. Ages 16 years and older may donate on Dec. 13th.

2. **Calling all LJHS ARCHERS!**

If you are new to archery and would like to give it a try, the LJHS Archery Club invites you to attend a 2-day Beginners' class, led by a highly experienced Level 3 archery coach. All equipment is provided. Classes will be held Monday, Dec 5 and Dec 12 from 2:30 to 3:30 in the LJHS cafeteria. Cost of the introductory is \$10 total (\$5 per class). Please bring \$10, cash or check made out to LJHS – Archery, and a completed waiver form signed by your parents.

<https://drive.google.com/file/d/0B4ahH1QnKTetbHRJQ1lhd1RWdDQ/view>

Beginner level classes will resume in January after the winter break with a 5-week session. You can then graduate on to the competitive level. Please RSVP by Dec 1 to ljsarcheryteam@gmail.com

If you have previous experience with archery, you may join the competitive archery club members on Thursdays, 2:30 to 3:30 in the cafeteria. Team practices focus on technique, skills and competitive strategies. Cost of the competitive program is \$10 per practice/\$100 for a 10 week session. A tax deductible donation can be made to LJHS – Archery, to cover the cost of the program. Contact ljsarcheryteam@gmail.com for more information.

The archery season culminates in the spring with the Regional, California State and National tournaments held at the Olympic Training Center in

Chula Vista. Other opportunities to compete during the regular season will be announced.

Archery is a growing and lifelong sport. Did you know there are college and trade school scholarships available?

<https://www.nfaausa.com/scholarships>

Hope to see you in December!

3. Did you know that you can get **free tutoring in the library** after school in math, history, English, or World languages from teachers as well as CSF and Link Crew students? There's plenty of help for everyone who needs it! Come in Monday through Thursdays and check it out! (get it.....it's in the library.....so "check it out"? Ha ha ha)!!!

4. **STUDENTS!** Did you know the California PTA offers scholarships for its senior high school student members? Support your school AND be eligible for PTA scholarships by joining the LJHS PTSA for only \$20. The student applying for the scholarship has to be a member of LJHS PTSA in good standing, so if you're not yet a member but are interested in applying for these opportunities, be sure to contact Mio Hood or join LJHS PTSA.

5. The **Annual Viking Canned Food Drive** is starting today! It's now through December 13th during your 4th period class. The first place winners will receive a pizza party and 2nd and 3rd place classes will receive donuts. The winners will be based on how many pounds of food each 4th period classroom collects.

Our goal is to bring in 2 pounds of food per student on campus, which is close to 3,000 pounds of food.

Here is the Greater San Diego Food Bank's list of the most needed food items for this time of year:

- Canned meats such as tuna and chicken & Cereal
- Dry or canned beans & Rice
- Nuts and seeds & Peanut Butter

- Canned soup & Canned or dried fruit
- Canned vegetables & powdered milk
- Pasta & Infant formula

Keep in mind that, unfortunately, the Food bank can't accept any glass containers, home canned or home baked items.

Let's continue our tradition of being one of the largest non-corporate donors to the Greater San Diego Food Bank!!!!

